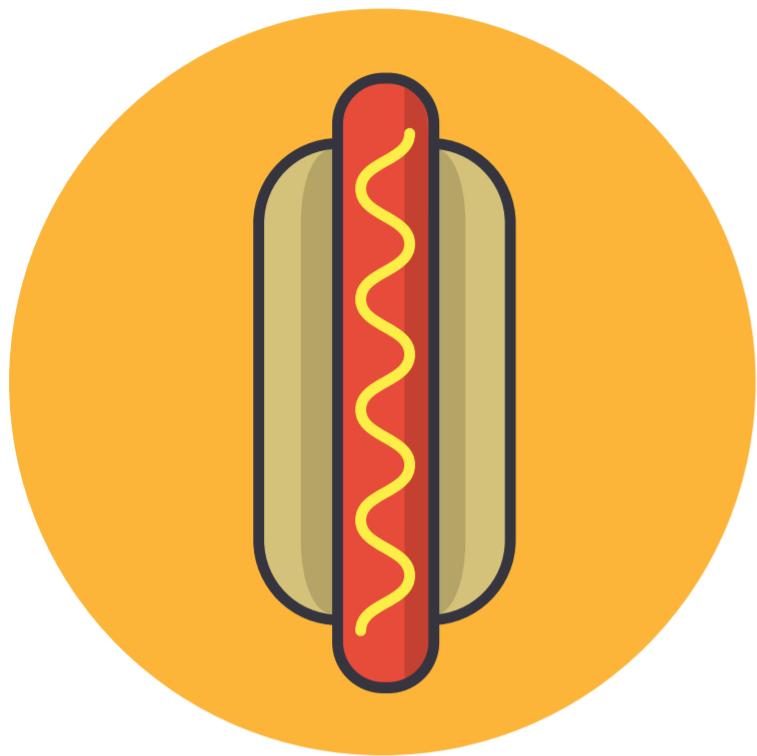
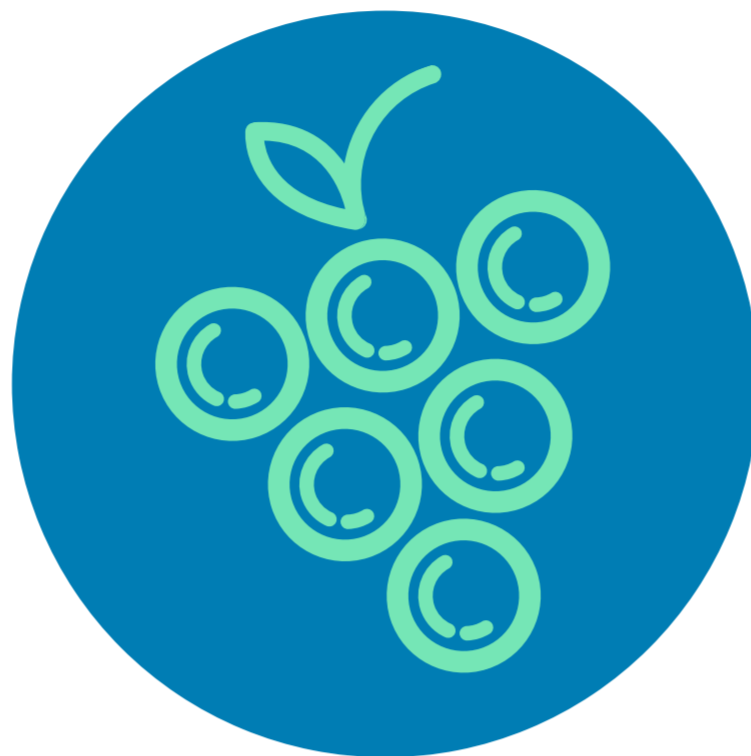


TOP CHOKING HAZARDS



HOT DOGS

Cut hot dogs the long way first, then into bite-size pieces. Cutting hot dogs into coin-shaped pieces can still cause choking.



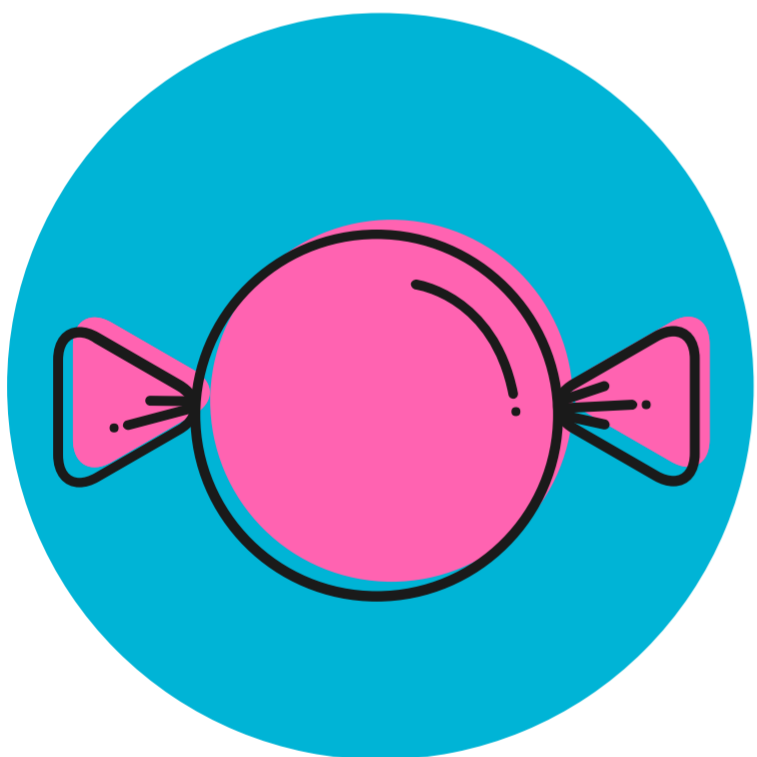
GRAPES

Cut small grapes in half and large grapes in fourths. Remember to check for seeds!



CARROTS

Carrots can become lodged in the throat. Only serve them cooked, shredded or cut in small pieces.



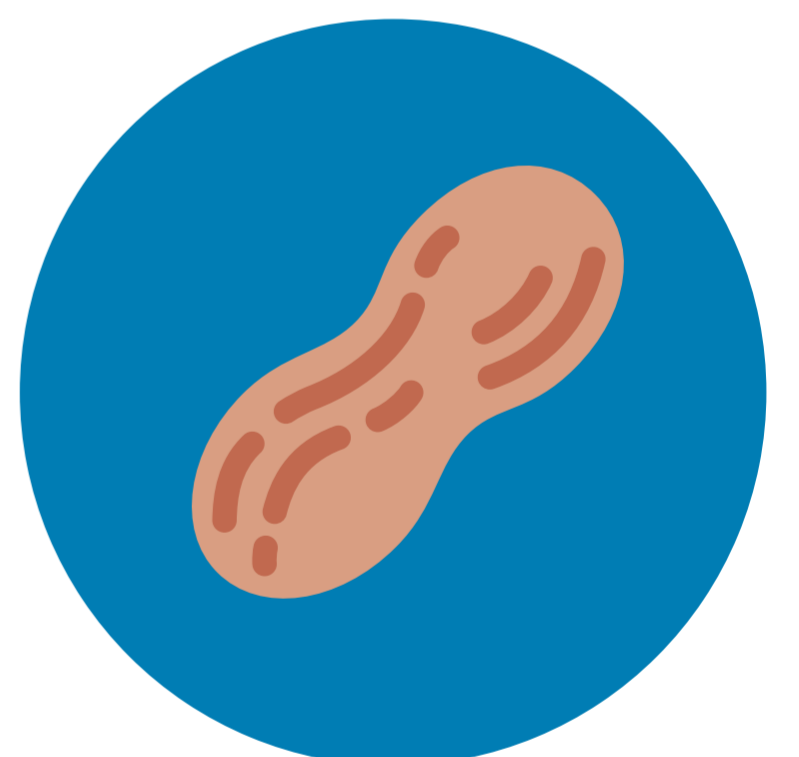
HARD CANDY

Never give hard candy or gum to children under 5 years old. Candy can block airways.



APPLES

Cut apple slices into smaller, more manageable chunks. Applesauce is a smart alternative.



NUTS

Avoid giving children under 5 years old any kind of nut. Besides potential allergy issues, nuts vary in size and are hard to regulate.

